



Gipuzkoako Foru Aldundia
Diputación Foral de Gipuzkoa



TOLOSAKO UDALA



ENRIQUE GARCIA BENGOETXEA

EDUCATION

- 2003 Ph.D. in Physical Education and Recreation (concentration in Sport Psychology)
Faculty of Physical Education and Recreation, University of Alberta
- 1996 M.Sc. in Physical Activity Sciences (concentration in Sport Pedagogy)
Physical Education Department, Laval University
- 1988 Bachelor of Physical Education
National Institute of Physical Education, Madrid

SCHOLARSHIPS AND ACADEMIC AWARDS

- McGill University Start-Up Grant – awarded for the project: “An initial Exploration of the Impact of Physical Education, Organized and Unorganized Sport Experiences on the Development and Health of Children and Youth”
- SSHRC standard research grant (co-applicant) – awarded for the project: “Internalizing physical activity behaviors: Role of perceived relatedness”
- EFF Support for the Advancement of Scholarship Operating Grant, University of Alberta – awarded for the project: “Why do role models influence children’s physical activity involvement? Examining the role of perceived relatedness to parents”
- Province of Alberta Graduate Fellowship –awarded on the basis of academic achievement and research potential
- F.S. Chia Ph.D. Scholarship, University of Alberta – awarded to international students on the basis of academic achievement
- Best Master’s Academic File – awarded by the physical Education Department at Laval University to the Master’s student (with essay) with the best file in his/her graduating year
- Differential Fee Award, Laval University –awarded on the basis of academic merit

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August 1990 - May 1993 Juven Basketball Club, San Sebastián, Spain
Served as assistant coach of the basketball team taking part in the Spanish Women's First Division League (from August 1992)
Planned and implemented physical conditioning programs for the basketball team taking part in the Spanish Women's First Division League

October 1986 – May 1995 Coach at the Developmental Level
Decroly School (Madrid); Santa María School, Askatuak Sports Club, Juven Basketball Club, Donosti Sports Club; Basketball Federation of Guipúzcoa (San Sebastián); Rochebelle Secondary School (Quebec City)
Served as coach and assistant coach of boys' and girls' developmental basketball teams
Planned and implemented developmentally appropriate conditioning programs for male and female youth basketball players

September 2000 – May 2005 Second Language Instructor
Edmonton Hispanic Bilingual Association, Edmonton, Alberta
Independently planned and taught Level III and Level VII Spanish classes for adults

May 1994 - June 1997 Modern Languages School, Laval University, Quebec City
Designed and implemented appropriate second language (Spanish) learning activities in the context of intensive summer language courses

September 1995 – May 1997 Languages Department, St. Lawrence University College, Quebec City

PUBLICATIONS

Book Chapters

Wilson, P. M., & García Bengoechea, E. (2006). Research perspectives in Sport Psychology: A Canadian perspective. In P. R. E. Crocker (Ed.), *Sport Psychology: A Canadian Perspective* (pp. 22-46). Toronto: Pearson.

García Bengoechea, E., & Strean, W. B. (2003). Teaching team sports and games: Extending the debate to the youth sport domain. In J. Butler, L. Griffin, B. Lombardo, & R. Nastasi (Eds.), *Teaching games for understanding in physical education and sport: An international perspective* (pp. 201-212). Reston, VA: NASPE publications.

Strean, W. B., & García Bengoechea, E. (2003). Beyond technical vs. tactical: Extending the games teaching debate. In J. Butler, L. Griffin, B. Lombardo, & R. Nastasi (Eds.), *Teaching games for understanding in physical education and sport: An international perspective* (pp. 181-188). Reston, VA: NASPE publications.



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Articles in Refereed Journals

García Bengoechea, E., & Strean, W. B. (in press). On the Interpersonal Context of Adolescents' Sport Motivation. *Psychology of Sport and Exercise*.

García Bengoechea, E., Spence, J. C., & McGannon, K. (2005). Gender differences in environmental correlates of physical activity. *International Journal of Behavioral Nutrition and Physical Activity*, 2(12), 1-9.

García Bengoechea, E., Strean, W. B., & Williams, D. J. (2004). Understanding and promoting fun in youth sport: Coaches' perspectives. *Physical Education and Sport Pedagogy* 9(2) 1-18.

Williams, D. J., Strean, W. B., & García Bengoechea, E. (2002). Understanding recreation and sport as a rehabilitative tool within juvenile justice programs. *Juvenile and Family Court Journal*, 53(2), 31-42.

García Bengoechea, E. (2002). Integrating knowledge and expanding horizons in developmental sport psychology: A bioecological perspective. *Quest*, 54(1), 1-20.

Holt, N. L., Strean, W. B., & García Bengoechea, E. (2002). Expanding the teaching games for understanding model: New avenues for research and practice. *Journal of Teaching in Physical Education*, 21, 162-176.

García Bengoechea, E., & Johnson, G. M. (2001). Ecological systems theory and Children's development in sport: Toward a process-person-context-time research paradigm. *Avante*, 7(1), 20-31.

García Bengoechea, E. (1997). Relaciones entrenadores-deportistas y motivación en el deporte infantil y juvenil (Coach-athlete relationships and motivation in youth sport). *Apunts Educación Física y Deportes*, 48, 104-108.

Articles in Professional Journals

García Bengoechea, E. (2006). Strategies for implementing health education in the school. *In Motion*, 15, 15-18.

García Bengoechea, E. (2006). Using the pedagogical principles of teaching games for understanding to create learning experiences within the Québec Education Program. *In Motion*, 15, 20-22.

Berry, T. R., García Bengoechea, E., & Spence, J. C. (2005). Highlights of the 2005 Physical Activity Survey: understanding the role of determinants in physical activity behavior. *Alberta Centre for Active Living Research Update*, 12(4).

Thirsk, J., Yurkiw, M. A., Moscardelli, S., Schwann, M., García Bengoechea, E., Badry,



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F., Nicholls, L., Felix, R., Bates, H. & Maximchuk, O. (2005). Communicating health messages. *Alberta Center for Active Living Research Update*, 12(4).

García Bengoechea, E., Spence, J. C. & Fraser, S. N. (2005). Leisure-Time Physical Activity (LTPA) among adults in Alberta, 2000-2005. *Alberta Center for Active Living Research Update*, 12(2).

García Bengoechea, E., Pasco, A. C., Thiem, A., & Langhout, N. (2004). An environmental scan of workplace wellness programs in Alberta. *Alberta Centre for Active Living Research Update* 11(3),

Fairbank, T., García Bengoechea, E., & Oliveira, M. (2004). Highlights from the ever active (EAA) evaluation report. *Alberta Centre for Active Living Research Update* 11(2),

García Bengoechea, E., & Spence, J. C. (2003). Highlights from the 2002 Alberta Survey on Physical Activity. *Alberta Centre for Active Living Research Update*, 10 (4)

García Bengoechea, E. (2003). The interpersonal context of adolescents' sport motivation. *Alberta Centre for Active Living Research Update*, 10(3)

Research and Technical Reports

Oliveira, M. & Garcia Bengoechea, E. (2006). *Building capacity in community initiatives that promote healthy living*. Report submitted to the Public Health Agency of Canada in relation to the Deliberative Dialogue of the Community Action Program for Children and Canada's Pre-Natal Nutrition Program.

O'Brien Cousins, S., Dechaine J., & Garcia Bengoechea, E. (2006). *Helping older people be active at home: The effectiveness of the home support exercise program*. Edmonton, AB: Alberta Centre for Active Living.

Garcia Bengoechea E. & Spence, J. C (2005). *2005 Alberta Survey on Physical Activity*. Edmonton, AB: Alberta Centre for Active Living.

García Bengoechea, E., Pasco, A. C., Thiem, A., & Langhout, N. (2004). *An environmental scan of workplace wellness programs in Alberta*. Edmonton, AB: Alberta Centre for Active Living.

Oliveira, M., García Bengoechea, E., & Fairbank, T. (2004). *Ever Active Adults: Project Evaluation*. Edmonton, AB: Alberta Centre for Active Living.

García Bengoechea, E., & Spence, J. C. (2003). *2002 Alberta Survey on Physical Activity*. Edmonton, AB: Alberta Centre for Active Living.



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PRESENTATIONS

Presentations at Scholarly Meetings

Fraser, S. N., García Bengoechea, E., McGannon, K., Spence, J. C., & Berry, T. R. (2006, July). *Tracking gender differences in sociodemographic correlates of physical activity among Albertans, 2000-2005*. Poster session presented at the meeting of the International Society for Behavioral Nutrition and Physical Activity (ISBNPA). Boston, MA.

García Bengoechea, E. (2006, April). *Factors affecting Canadian adolescents' enjoyment of physical education*. Paper presented at the II International Congress on Physical Education and School Sports, La Habana, Cuba.

García Bengoechea, E., Spence, J.C., & Fairbank, T. (2004, August). *Patterns of physical activity among adult Albertans: The role of age*. Poster session presented at the 6th World Congress on Aging and Physical Activity, London, Ontario.

Fairbank, T., García Bengoechea, E., & Oliveira, M. (2004, August). *Ever Active Adults: From research to policy development and practical application*. Poster session presented at the 6th World Congress on Aging and Physical Activity, London, Ontario.

García Bengoechea, E., Spence, J.C., & McGannon, K. R. (2004, June). *Predictors of physical activity participation in Alberta*. Poster session presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), Vancouver, B.C.

Spence, J. C., & García Bengoechea, E. (2004, February). *Determinants of physical activity in Alberta: The role of perceived environment*. Paper presented at the meeting of the Australasian Society of Behavioural Health and Medicine (ASBHM), Christchurch, New Zealand.

García Bengoechea, E., & Strean, W. B. (2003, July). *The socialization of motivation in adolescent athletes*. Poster session presented at the meeting of the European Federation of Sport Psychology, Copenhagen, Denmark.

García Bengoechea, E., & Strean, W. B. (2001, November). *Interpersonal dynamics and motivation in youth sport: A qualitative study*. Paper presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Montréal, QC.

Strean, W. B., & García Bengoechea, E. (2001, October). *Fun in youth sport:*

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perspectives from coaches' conceptions and participants' experiences. Colloquium session presented at the meeting of the Association for the Advancement of Applied Sport Psychology, Orlando, FL.

García Bengoechea, E., & Strean, W. B. (2001, August) *Teaching team sports and games: Extending the debate to the youth sport domain.* Paper presented at the International Conference Teaching Games for Understanding, Waterville, NH.

Strean, W. B., & García Bengoechea, E. (2001, August). *Beyond technical vs. tactical: Extending the games teaching debate.* Symposium session presented at the International Conference Teaching Games for Understanding, Waterville, NH.

Holt, N. L., García Bengoechea, E., & Strean, W. B. (2001, March). *Play, games, and fun in physical activity: Perceptions of instructors.* Poster session presented at the meeting of the American Alliance of Health, Physical Education, Recreation, and Dance, Cincinnati, OH.

García Bengoechea, E. (2001, February). *Using a qualitative research design to study young athletes' social system and its motivational implications.* Paper presented at the II International Interdisciplinary Conference Advances in Qualitative Methods, Edmonton, AB.

García Bengoechea, E., Strean, W. N., & Holt, N.L. (2001, February). *Coaches' perceptions of fun in youth sport.* Poster session presented at the II International Interdisciplinary Conference Advances in Qualitative Methods, Edmonton, AB.

García Bengoechea, E. (2000, May). *Towards an understanding of the ecology of development in youth sport.* Poster session presented at the VIII World Sport for All Congress, Québec City, QC.

García Bengoechea, E. (1999, October). *An ecological model of human development for studying children and youth in sport.* Paper presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Edmonton, AB.